

# Moving Beyond Regrets!

## Philippians 3:12-15

- Have you ever done something that you later regretted?
- Missed an opportunity that you later regretted?

# All of us Know the pain of regret!

Broken Marriage

An abortion

How you raised your child

A certain lifestyle you used to live changed your future

# The Most Important Issue Is Not Our Regrets!

*It's How We Move  
Beyond Our Own Regrets*

*How do we begin?*

*Where do we begin?*

*What do we do?*

# Our Text Today Is In Philippians 3

- If anyone had reason for regrets it was Paul
- Before his conversion to Christ on the Damascus road he had been persecuting Christians
- He stood passively by while Stephen was being dragged and stoned to death (Acts 7:58)
- That memory could have plagued him for life

*How did he get over that?*

*How do we get over our regrets?*

# #1 Moving Beyond Regrets Means Exercising Our Faith

- One of the treatments for Type 2 Diabetes is exercise, but it doesn't work *if you don't do it!*
- Faith in Christ offers the possibility of a new start. Paul believed that! (2Corinthians 5:17)
- Nobody can go back and undo mistakes of the past, but anybody, thanks to God, can start from **now** and make a brand new end
- The beautiful part is that God gives us, like he did Paul, a chance to start over
- Our faith offers us the forgiveness of our sins, our failures, and our mistakes, so exercise it!

# Look At The Depth Of God's Forgiveness!

*“As far as the east is from the west,  
So far has He removed our transgressions from us.”*

*Psalms 103:12*

- Your husband/wife may not forgive you
- Your co-workers may not forgive you
- Your company may fire you

*“If we confess our sins He is faithful and just to  
forgive us our sins and to cleanse us from all  
unrighteousness” 1John 1:7*

# #2 Moving Beyond Regrets Means Learning To Forget

- The older we get, the easier it is to forget things
- Unfortunately, we can't seem to forget the many mistakes of our past
- By forget, I don't mean total amnesia, but we don't continue to punish ourselves for past failures
- Past failures can **HAUNT US** (Some relatives can hold us hostage by continuing to bring up our known mistakes to keep us captured)
- Forgetfulness comes to the person who has dealt with their sin and seeks God's forgiveness in a sincere way

# Jesus Christ Can Redirect Your Life!

## He Redirected His Own!

Anybody that can redirect himself from His own grave can resurrect you and I from the failures that we live with, if we give Him that opportunity

***If He can change the course of His own life in that fashion, He can change the course of mine!***



# Many Of God's Children Had To Live With Failure

- After coming out of the Ark, Noah got drunk
- After founding the Israelite Nation, Abraham lied to save himself, asking his wife to pretend she was his sister
- After being hand-picked by God to lead the nation of Israel, David committed adultery
- After accepting the call of discipleship from Jesus Himself, Peter cursed and swore to people that he didn't know Him

# #3 Moving Beyond Regrets Requires Focus!

- Paul says he was “*reaching forward to those things which were ahead*” *verse 13 NKJV*
- One of the most important differences between an adult and a child, is the adult’s ability **to say no to anything that prevents them from their purpose (work, college studies)**
- **If you don’t learn to say no you end up fragmented, not purposeful, and not accomplishing what is most important**

# #4 Moving Beyond Regrets Means God Must Be The Priority In Our Lives

- God's grace is here so that we don't continue to punish ourselves for our failures
- We have to be willing to surrender to God and "surrender is never easy". Why?

## **Pride**

**We dog ourselves for years because we never thought that we would do what we did**

***That's Too Much Pride!***



***Is Your God  
At The Center  
Of Your Life?***

Hear the Gospel

Acts 15:7

Believe the Gospel

Acts 15:7

Repent of Sins

Acts 17:30

Confess Christ

Acts 8:37

Be Baptized

Acts 8:38